

# Health service - Mental Health

Age 24/25? Brief affair with woman who had had nervous breakdown, electric shock treatment, psychotic 'episodes' previous to me meeting her - Realised that someone so damaged in childhood could be so miserably failed by the British health service - what does that mean for all those in need of help?

ALICE WALKER  
KURT VONNEGUT  
AUDRE LORDE  
DOROTHY ALLISON

## African Lit course

Age 23 - opened me up to a whole new understanding of colonialism, power of language, abuse of power, independence, exile - Examine my 'whiteness'

ARIS...  
- LED BY WRITINGS / THEMES / OF CURRENT GOVERNMENT POLICY  
NOT EVERYONE WILL RECYCLE GREEN WHEN MADE EASY FOR THEM

LOVE - Karen - acceptance that is a questioned, considered dialogue

## Photography

Age 13 - cousin developed photo where it looked like my brother was coming out of a fireplace - ghost like

so if that photo wasn't 'real' what about all the other images I had seen?

LOCKERBIE - THAT SOMEONES BELIEF COULD TAKE MY EXTERIOR'S BEST FRIENDS'S LIFE.  
MUSIC - TOO MANY / MUCH LIVE PERFORMANCES

you could manipulate the led to a 'truth' current interest in photography

## Epiphanies

Secrets  
Telling someone your deepest darkest fear and they say simply back - oh lots of people think that + the weight is gone forever

## A SELECTION!?

Did I really vote Tony Blair in?

MUSIC  
ANI DI FRANCO - political activism through sound + word

## Ecology + So Much More

- A path from Jane & Platform water, art, change, Serendipity, social justice, fun, challenge, intellectual, - How can I always act with integrity?

ART  
COLLECTING WORKS - MORE THAN ONE

## Birth

Age 15 - birth of my half sister - seemed to symbolise an end of sorts to the war between my parents and give some kind of 'point' to the divorce - huge cause for joy - ongoing!

## Family

Age 32 - 24/1/03  
At sisters 18th, Dad's band played, in middle he did a speech about her, then told the room about how he didn't have the chance to do 18th's for me or brother and happy 18th to us - no question here - gentle acceptance

## Death

death of close friend Aug 03 - watching, waiting, knowing where will she go? where will I? why?

## Sexuality

- realisation, release, freedom - what does it mean to live 'outside' the 'norm' ? do I have to fit in?

LITERATURE  
SARAH WATERS

FORUM THEATRE

TEACHING